

Reg. Charity No. 1129395

**We are a patient-led support group.**

**Talk to other men who have been through the same experience of tests, diagnosis and treatment.**

**CONFIDENTIAL HELPLINES:**

**01834 831442/01559 363154**

**07870 9178O6/01239 710265**

**LLINELLAU CYMORTH CYFRINACHOL**

**Rydym yn grwp cefnogi sydd yn cael ei arwain gan gleifion.**

**Rhannwch eich pryderon gyda dynion eraill sydd wedi bod trwy’r un profiad o brofion, diagnosis a thriniaeth.**

**“Any man over the age of 50 who asks for a PSA test after careful consideration of the implications should be given one.” [The Prostate Cancer Risk Management Programme]**

**“Dylai unrhyw ddyn dros 50 sy’n gofyn am brawf PSA ar ôl ystyried yr oblygiadau’n ofalus, dderbyn un” [Rhaglen Rheoli Risg Cancr y Prostad]**